

South End Catering

973.495.0481

Menu Week 1:

Meal 1: Chicken Parmesan with a Red Sauce and Pasta

Meal 2: Grandma's Pot Roast, Mashed Potatoes, and Corn

Meal 3: Grilled Salmon with Balsamic grilled Vegetables

Chef's Little Extra: Sous Vide Burgers

Dessert: Bread Pudding with Rum Butter

Menu Week 2:

Meal 1: Chicken Parmesan with a Red Sauce and Pasta

Meal 2: Grandma's Pot Roast, Mashed Potatoes, and Corn

Meal 3: Grilled Salmon with Balsamic grilled Vegetables

Chef's Little Extra: Sous Vide Burgers

Menu Week 3:

Meal 1: Roasted Turkey Breast with gravy, Dressing (you call it stuffing), and Collard Greens

Meal 2: Schweineschnitzel (Pork) with Spätzle -*Trust the Chef on this one*

Meal 3: Salmon Croquette Sandwiches with Sweet Potato Fries

Chef's Little Extra: Beef and Vegetable Soup

Menu Week 4:

Meal 1: Curry Chicken with Vegetables with White Rice

Meal 2: Sous Vide Steak with Hasselback Potatoes, Roasted Tomatoes and Asparagus

Meal 3: Roasted Cod in a Spicy Tomato Sauce with Pasta

Chef's Little Extra: Meat Pies

Menu Week 5:

Meal 1: Chicken Cacciatore with Potatoes and Broccoli

Meal 2: Roast Pork (Pernil) with Yellow Rice and Vegetables

Meal 3: Grilled Salmon with Brown Butter Pasta

Chef's Little Extra: Black-eyed Pea Soup (Chicken Sausage)

<http://www.southendcateringnj.com/>

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